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Tranquil Sitting A Taoist Journal

Lately, I have found more time to myself than I am particularly used to. With the summer months, my children have ventured outdoors with their friends to build forts, have water gun fights or ride ...

OPINION: The open space of thought

(Rawpixel pic) BERLIN: Could sitting up straight with good posture ... In fact, according to research from Germany, published in the journal Acta Psychologica, good posture could be beneficial ...

Sitting up straight could be a mood booster

As our healthcare system groans under the weight of the pandemic, those suffering from other diseases, such as cancer and chronic kidney disease, are also made vulnerable.

The invisible struggle of non-COVID patients

When you're tranquil, all things in life appear to go much better ... Attempt starting a thankfulness journal to document all of those advantages in your life. Take a deep breath and also take into ...

Relaxing The Mind Quotes

LOCATED A 10-MINUTE stroll from the shores of Lough Corrib in Clonbur,

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Co Galway, Carrick Shore oozes a sense of peacefulness and relaxation. The four-bed property is on the market for €675,000 ...

Luxury on Lough Corrib: Tranquil hideaway with an aristocratic past for €675k

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British Journal of Nutrition

The Georgian residence sits on over half an acre of private grounds, allowing for uninterrupted views of Skerries South Beach, Skerries Island and beyond. To the rear of the property, there are views ...

Sea views and your own private beach path: Period grandeur in Skerries for €1.75m

"Sometimes you'll see three generations of a family sitting there," he notes, "which is interesting for any bar or restaurant, but especially for an LGBTQ bar and restaurant, where you can ...

Eduardo Cordova grows The Garden into gay nightlife hot spot
This is a tranquil place, with horseback riding amidst stunning

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scenery ... In addition to the Dining Room, Bitterroot Ranch also has a sitting room with a wood-burning fireplace, and a pool ...

Rustic Fourth of July Getaways in America Revealed

While the setting is never specified, the East Asian influence is evident in the soothing aesthetics of Alexandra Schaller's production design of minimalist interiors and tranquil courtyard ...

'After Yang': Film Review | Cannes 2021

A second suite offers two bedrooms, a sitting room and a private bath. Completing this level is an additional bedroom and a bonus room with full bath. Story continues On a long list of highlights ...

Seaside beauty complete with private access to Singing Beach

Or find a painting. One client has a painting in the main sitting area that has green in it. She paired it with a green vase that's not far for two small pops of color." Next thing she will re ...

Popular trends to revamp your home post-lockdown

The answer, according to a new paper published in the journal Science on Thursday, is a unique energy conversion system whereby their muscle tissue "leak" large amounts of heat throughout ...

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Scientists learn how otters stay hotter

"Judge Stephan Futrell sentenced Gavin Stone, the news editor of the Richmond County Daily Journal, to five days in jail before having the editor hauled off to jail. Stone was released the next ...

Government To Blame for Texas Church Shooting That Left 26 Dead, Says Court

Before sitting for the civics test ... frenzied outbursts of emotion, but the tranquil and steady dedication of a lifetime." Kathleen Pozzi is reminded, when prompted on the subject of patriotism ...

Patriotism in 2021: What it means to people across Sonoma County

With three Grands Tour winners leading the team – Geraint Thomas, Richard Carapaz and Tao Geoghegan Hart ... "We won't win this tour by sitting in the wheels. We have the team to make ...

2021 Tour de France preview: Pogacar vs Roglic rematch

"Days of sitting in front of a screen ravaged my body ... wildlife - an open environment where the low woods offers a tranquil background for birdsongs and the sound of spring water making ...

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Upper Nyack Trail adds to the beauty for hikers and nature lovers in the Hudson Valley

Leading quartet Richard Carapaz, Geraint Thomas, Tao Geoghegan Hart ... "We won't win this Tour by sitting in the wheels," Brailsford said Friday. "We have the team to make it a racers ...

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